

Session 1: January 20, 2016
The Importance of Security

Why is it that connection matters and what kind of difference does a positive and secure connection make in a child's life and development? By seeing the Circle of Security, we come to notice how this dance of connection is always taking place in the lives of children and adults.

Session 2: January 27, 2016
Needs Around the Circle

In the simplest of ways we will learn to recognize when children need to venture out and when children need to come back to us to get filled up and ready to explore the world again, all an important part of development. This session will aim to help us be able to recognize and "Name the need" for the child

Session 3: February 3, 2016
The Importance of "Being With" on the Circle

This session will aim to help us see that creating a connection in which feelings can be shared is one of the greatest gifts, leading to children that are emotionally regulated. "Being With" is not as much a technique as a state of mind leading to healthy emotional development.

Session 4: February 10, 2016
The Path to Security

This session will take a look at what might get in the way of providing that secure path, building awareness of our triggers as we strive to be the Big Person that a child needs. Self-reflection is absolutely critical and although hard at times, a very important gift to the young lives that you touch.

The Langley Early Childhood Development Committee invites parents and caregivers of children ages newborn up to 10 years to attend a 4 part workshop series:



CONNECTION Needs for Kids

Learn How a Secure Connection can Benefit Your Family and the Children You Work With

Presented by The Wishing Star, LaPointe
Developmental Clinic:

Wednesday January 20, 2016 6:00 p.m. - 8:00 p.m.

Wednesday January 27, 2016 6:00 p.m. - 8:00 p.m.

Wednesday February 3, 2016 6:00 p.m. - 8:00 p.m.

Wednesday February 10, 2016 6:00 p.m. - 8:00 p.m.

Pizza and beverages will be provided!

Location: Parkside Elementary School Gym
3300 270th St, Aldergrove, BC

Registration Information

Seating for this **free** workshop series is limited.
Please register no later than January 18th, 2016.

Limited Child-Minding available

To register, please call 778-873-3112 or
email langecd@telus.net

Registrants must attend all 4 sessions

Presenter Rebecca Mitchell has a Master's Degree in Developmental Psychology and is a Registered Clinical Counsellor. She approaches her work eclectically by incorporating aspects of her post-graduate training in the areas of Attachment, Developmental Trauma, Infant Mental Health, and Play Therapy.

Funding for this event was sponsored by a Township of Langley Community Grant



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